

ILM Level 3

Award and Certificate in Effective Coaching



Who are these qualifications for?

These qualifications are for learners at all levels who want to develop their knowledge and skills in effective coaching within an organisational context. They are ideal for both new and existing coaches.

Benefits for individuals

- Know what it takes to be an effective coach
- Understand the role and responsibilities of effective coaches
- Learn a recognised coaching model, and the tools and techniques to support it
- Put your new skills into practice and carry out supervised coaching sessions
- Analyse coaching performance in order to improve own ability

Benefits for employers

- Implement effective coaching to improve organisational performance
- Ensure the individuals developed as coaches are equipped with the skills, knowledge and understanding they require
- Enhance the coaching culture in your organisation by developing highly effective coaches

Progression

This qualification will provide progression opportunities to other qualifications such as:

- ILM Level 3 Certificate in Effective Mentoring
- ILM Level 3 Certificate in Effective Coaching and Mentoring
- ILM Level 3 Certificate or Diploma in Leadership and Management
- ILM Level 5 Certificate or Diploma in Effective Coaching and Mentoring

Qualification overview

Qualification title	Credit value	Total qualification time	Structure
Level 3 Award in Effective Coaching QAN: 603/3732/1	10 credits	97 hours	<ul style="list-style-type: none"> ● Three mandatory units* ● One hour induction ● A minimum of two hours tutorial support
Level 3 Certificate in Effective Coaching QAN: 603/3733/3	13 credits	130 hours	<ul style="list-style-type: none"> ● Three mandatory units* ● One hour induction ● A minimum of two hours tutorial support

*Refer to table below for unit details

Rules of combination

Award

- Three mandatory units, achieving 10 credits.

Certificate

- Three mandatory units, achieving 13 credits.

Overview of units

Reference	Unit title	Level	CV*	GLH**	Mandatory***
8585-300	Understanding Good Practice in Coaching within an Organisational Context	3	3	9	A C
8585-301	Undertaking Coaching within an Organisational Context	3	4	12	A
8585-302	Undertaking an Extended Period of Coaching within an Organisational Context	3	7	14	C
8585-303	Reflecting on Coaching Skills within an Organisational Context	3	3	8	A C

*Credit value **Guided learning hours ***A=Award C=Certificate

Contact ILM

The ILM Customer Service Team is dedicated to providing the very best in customer care. If you need guidance on any aspect of leadership and management development, whether at an individual or organisational level, contact ILM.

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All ILM qualifications are awarded by the City and Guilds of London Institute, which was founded in 1878 and is incorporated by Royal Charter.

Learning resources

There is a range of materials available to support ILM qualifications through our online portal, Walled Garden, and the ILM website. Contact us to find out more.

Institute of Leadership & Management membership

All ILM learners receive a minimum of 12 months membership of the Institute of Leadership & Management, bringing access to a wealth of resources to support their leadership development.

Our ethos

Our qualifications combine innovative design with a strong focus on workplace performance. We believe this delivers well-rounded managers with a proven ability to perform to the required standards.